

Adolescent Resource Newsletter

November 2008



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child Health (www.yphsig.org.uk) but remaining available to non-YPHSIG members!

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YPHSIG: If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to www.yphsig.org.uk

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Young People Wanted!

 **The National Children's Bureau** have recently set up a private online community site where a number of young people will be able to see all the discussions and ideas for a new website and will have the opportunity to contribute suggestions to help change and shape the website. This is an invaluable opportunity to see how a website is produced, talk to designers and also to have a major influence on how the site works and looks. If you know of any young people who would like to be a part of the team please encourage them to email Robin and he will set them up with an account, show them how the online community works and how they can have a real impact on the new site. Robins email address is rtaylor@ncb.org.uk, or young people can call him on 020 7843 6038 if they'd like to have a chat before joining.

 **& £££** www.direct.gov.uk/en/YoungPeople/Youthfunds

The Youth Funds are "government monies" that groups of young people aged 13-19 can apply for.

 **Staying Positive - Young People's Workshops**

Staying Positive Workshops are a series of three one-day workshops delivered over a period of approximately three months for young people aged 12 to 18 years who are living with a long-term health condition. Supported by the Expert Patients Programme Community Interest Company, the workshops give

young people the skills to improve the management of their condition from both a health perspective and a social perspective. The programme was developed as a result of direct consultation with young people as to what the format and content should be. Workshops are facilitated by trained young people aged between 14 and 25 years who are themselves living with a long-term condition. For further information, <http://www.expertpatients.co.uk/public/default.aspx?load=ArticleViewer&ArticleId=541>



National Youth Volunteering organisation v has launched a new 'Favours' campaign, intended to transform the face of volunteering among young people aged 16 to 25, while making it accessible and a natural lifestyle choice. The campaign will take the form of a series of initiatives reflecting young people's awareness of social and ethical issues. The first initiative is 'Fashion Favours', which offers young people a chance to work with top designers to create fashion collections from recycled and customised clothing. <http://www.vinspired.com/favours/>



Children's Workforce Development Council (CWDC) would like to invite groups of children and young people to attend one of their creative consultation events in

- Birmingham Friday 31 October 2008
- Manchester Saturday 22 November 2008
- London Saturday 29 November 2008

There will be a range of creative workshops and activities including drama, music, art and video to ask children and young people's views on the work of CWDC. Any questions email us@cwdcouncil.org.uk or telephone 0113 3907671

Adolescent Webwatch



<http://www.bbc.co.uk/switch/>

BBC 2's new programme SWITCH is a new show aimed at young people about issues that affect their lives with features that are aimed at them. There's also a website and radio station too.

Young People and Cancer



http://www.macmillan.org.uk/Get_Support/Who_to_turn_to/Youth_Line.aspx

Macmillan Cancer Support provide a service for anyone aged between 12 and 21 years if young people want to talk to someone about either their own diagnosis or someone else you know being ill from cancer:

Driving



<http://www.arrivealive.info/>

The Driving Standards Agency (DSA) is updating part of its national award-winning campaign Arrive Alive. The scheme sends driving examiners into schools and colleges, young offenders units, prisons and other youth groups within the 16 to 19 target age range to deliver important safe driving messages to young people. The aim is to improve attitudes towards learning to drive, the driving test and the longer term skill of safe driving for life

Adolescent Bookshelf

Access

 www.edcm.org.uk/goingplaces

“Going Places” booklet for the “Every Disabled Child Matters” campaign

Participation

 <http://www.participationworks.org.uk/ResourcesHub/Yourrightstobeheard/tabid/410/Default.aspx>

Participation Works have written four guides for children and young people living in England to help them understand their right to be heard in different situations.

Alcohol

 Department of Health – New leaflet for young drinkers “*Drinking, you and your mates: how does your night end?*”

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_088740

The Department of Health has produced a new leaflet for young drinkers ‘Drinking, you and your mates: how does your night end?’ It aims to help them make choices about how much they drink. It includes information on how alcohol can affect you, explains how to stay safe when drinking and what to do if someone is in trouble after drinking too much. The leaflet is not about stopping drinking, but about making young people aware of what some of the consequences could be of regular binge drinking and making sure alcohol plays a more positive part in people’s day-to-day life.


Professional Webwatch


 <http://www.aap.org/sections/adolescenthealth/default.cfm>

Excellent resource in adolescent health from the American Academy of pediatrics


Professional Bookshelf

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 Owen P, Beskine D. Factors affecting transition of young people with diabetes. Paediatr Nurs. 2008 Sep;20(7):33-8.

 Papadopoulos I, Tilki M, Ayling S. Cultural competence in action for CAMHS: development of a cultural competence assessment tool and training programme. Contemp Nurse. 2008 Apr;28(1-2):129-40.

 Sawyer SM. In search of quality care for adolescents and young adults with chronic conditions. J Paediatr Child Health. 2008 Sep;44(9):475-7. No abstract available.

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Forthcoming Dates and meetings for your Diary!

Check out

<http://www.tsa.uk.com/>

for up and coming training opportunities

TSA training focuses on promoting mental health and emotional well-being for young people and working with parents. They work with professionals in a wide range of occupations in health, social care, education, and youth justice. TSA can offer open training dates for individuals to attend, but can also deliver training in-house, which can also be tailored to particular needs.

1-7 November 2008

National Youth Work Week

<http://www.nya.org.uk/information/109481/yww2008/>

6 November 2008

Understanding healthy sexual development

Brook Training course

Central London Venue

www.brook.org.uk

13 November 2008

Design, Develop, Deliver – Young Leaders in Practice

Participation Works Conference

Birmingham Hippodrome

0930-1615

www.participationworks.org.uk

15 November 2008

'Look what happens when young people set the research agenda'

The Young Researcher Network National Conference Warwick University

Open to anyone interested in the work of the young researcher network, and learning more about carrying out research in partnership with young people.

<http://www.nya.org.uk/information/118988/yrnconference/>

17-21 November 2008

Anti-bullying Week

Being different, belonging together

www.anti-bullyingalliance.org.uk

November 2008

Getting Hammered' - Young People & Alcohol

Birmingham The Apollo Hotel 20th November 2008

Stoke North Stafford Hotel 21st November 2008

Coventry Allesley Hotel 28th November 2008

For further information and book your place(s), please call **DET** on **029 2076 1396**, email office@drugstraining.com

2nd December 2008,

TYAC Winter Education Day

Education Centre, The Christie Hospital, Manchester

The focus of the day will be on research. This is a meeting for all professionals, of any discipline, involved in the care of teenagers and young adults with cancer. TYAC is inviting individuals or groups working in the field of TYAs with cancer to submit abstracts for oral or poster presentation. More information, including the registration form, can be obtained by visiting the TYAC website www.tyac.org.uk

8 December 2008

Lifting the Lid: a first networking event for hospital based youth work practitioners

A networking event aimed at hospital based youth workers across the UK to find out the size, scope, needs and wants of the hospital based youth work sector, examine key issues in the current climate for this work and decide on a way forward. The event will include networking activities and examine current policy, Commissioning and funding for hospital based youth work; creating young people friendly services for young people in hospital settings. We will look at the impact of this work, staff development through e-learning and look at ways forward. For a registration form, e-mail [Vicky West](mailto:Vicky.West@nyya.org.uk) or call Richard McKie, National Programme Manager for Health at The National Youth Agency on 0116 242 7428

2009

The Future is Now

First World Congress on Spina Bifida Research and Care

The Spina Bifida Association (SBA)

March 15-18, 2009 in Orlando, Florida.

Transition Issues will be one of the core themes at the First World Congress on Spina Bifida Care, a multidisciplinary professional conference for all health specialties involved in spina bifida. Please see this website for registration and abstract submission information:

www.medicalconference.spinabifidaassociation.org

June 5 2009

“Growing up with Spinal Cord Injury conference “The adolescent years”

The Paediatric Spinal Cord Injury conference

Aylesbury College Buckinghamshire

For info contact

Linda.jones@buckshosp.nhs.uk

25-28 March 2009

“eTeens” Incorporating technology and health

Society of Adolescent Medicine,

Los Angeles

www.adolescenthealth.org

28-30 October 2009

9th World Congress

International Association for Adolescent health

Kuala Lumpur, Malaysia

www.iaah.org

2010

Society of Adolescent Medicine, Toronto, Ontario, Canada

April 7-10

2011

Society of Adolescent Medicine, Seattle, Washington

March 29 - April 1

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to:

j.e.mcdonagh@bham.ac.uk