

Adolescent Resource Newsletter

July 2007

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

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Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents with chronic illness and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Young People Wanted!

NCB PALS Project

The National Children's Bureau is working on a (PALS Patient Advisory Liaison Services) project to increase the voice, views and inclusion of children and young people with medical and/or complex health needs. The target is particularly children and young people facing health issues which require Accident & Emergency or in-patient provision, and those in transition from paediatric care to adult services.

If young people want to know more about this project and/or want to take part in a consultation on PALS for children and young people, please contact Adriana (Young NCB) on 020 7843 6099 or email abyrne@ncb.org.uk

GET READY FOR GENEVA PROJECT - GET INVOLVED AND MAKE CHANGE HAPPEN!

www.getreadyforgeneva.org.uk

The United Nations in Geneva examines the UK Government every five years to check how well children and young people's human rights are being respected. Young People are invited to visit the Get Ready for Geneva website to have their say!!

CHILDREN AND YOUNG PEOPLE'S JOURNALISM PROJECT

As part of the Royal College of Paediatrics Child Health (RCPCH) youth participation project, The RCPCH is looking for young people to submit articles of up to 500 words for publication on a website which highlight some of the health issues faced by young people today. The writer of the published article will receive a £10 book token and a certificate of their work.

Some topics might include: What do they think about the current focus on 'obesity of young people'? Have they been affected by changes to the NHS or local services? Do they think there are the right services out there to meet young people's physical and mental health needs?

If young people would like to submit an article they should email them at infocyp@rcpch.ac.uk
For more information go to the RCPCH website http://www.rcpch.ac.uk/page.aspx?id_Content=487

VIRTUAL VOLUNTEERING ADVISORS

www.changemakers.org.uk

Changemakers need young people to tell them how to develop Virtual Volunteering! We help them to create lots of exciting new volunteering opportunities for 16-25 year olds, from the comfort of your own armchair.

As a Virtual Volunteering Adviser they will be helping Changemakers develop their work around Virtual Volunteering. They need young people to help them give the VV project a new exciting name (they don't like VV), design a logo that will get recognized and will be remembered. As well as being advisers to the programme, they will also be their first virtual volunteers so they would also like them to get out there and get the project known. They will be asking them to take part in podcasting, vodcasting and blogging. They can also help them create virals to send around for promotion.

To find out more and to apply click here

<http://www.changemakers.org.uk/downloads/Virtual%20Volunteer%20Advisor%20Application%20Pack.doc>

CONTACTPOINT GUIDANCE - CONSULTING CHILDREN AND YOUNG PEOPLE

ContactPoint is an electronic list of all the children and young people in England (aged 0-18). This list will include the contact details of any service (for example doctor, school nurse or social worker) that the child or young person is receiving help or support from.

It is important that ContactPoint is only used to help children and young people, and that all the information kept on it can only be seen by people who have permission. This is why they have written guidance on ContactPoint; these are instructions and rules on how to use ContactPoint to make sure that everyone who is allowed to use it does so properly.

The guidance has been written for workers who will be using ContactPoint as part of their job - they are one of the groups of people they want to hear from - but they also want to know what children, young people and families think about it. Although children and young people will not use the guidance, they want to make sure that you have a chance to give your views about how ContactPoint will work, and the rules that workers will have to follow.

For young people to find out more about ContactPoint, the guidance and how to give their views on the guidance go to the consultation page

<http://www.dfes.gov.uk/consultations/conDetails.cfm?consultationId=1482>) and select CYP consultation at the bottom of the page. **The closing date is**

27th July 2007

THE GOOD CHILDHOOD INQUIRY - help create a new vision of childhood for

The 21st century

A new report from children's charity UNICEF reveals that, compared to other rich countries, the UK is bottom of the class when it comes to children's well-being. The Good Childhood Inquiry (being run by the Children's Society) is a chance for young people (under 18 years) to have a say on what makes for a good life for children and young people living in the UK. www.mylife.uk.com **Deadline 24 July 2007.**

1Million4Disability – Make disability discrimination history

The European League Against rheumatism (EULAR) Social Leagues/ PARE Manifesto are supporting a campaign launched by the European Disability Forum to collect 1 million signatures demanding EU legislation to combat discrimination against people with disabilities. ARMA is the designated EULAR social league for the UK.

To read more about the EDF campaign and to **sign the declaration**, please visit www.paremanifesto.org and follow the link to the **1million4disability** page. The signatures will be officially handed to the European Commission and the European Parliament on **4 October 2007**.

Adolescent Bookshelf!

Teenage parents and Education



Care to Learn: Parents' leaflet 2007-08

This leaflet is aimed at parents and is designed to help them understand Care to Learn and how to go about applying for support. Care to Learn provides financial support for teenage parents who want to continue in, or return to learning. It helps with the cost of their childcare and travel.

<http://publications.teachernet.gov.uk/default.aspx?PageFunction=productdetails&PageMode=publications&ProductId=LSC-P-NAT-070038&>

Professional Webwatch



www.fco.gov.uk/forcedmarriage

Guidelines to assist health professionals who encounter suspected cases of forced marriages have been launched by the Foreign and Commonwealth Office, Home Office and the Department of Health this month.



http://www.hm-treasury.gov.uk/spending_review/spend_csr07/reviews/cyp_review/cypreview_index.cfm

Disabled Children Review – *Aiming High for Disabled Children: Better Support for Families*

A package of policies to support disabled children and their families was announced on 21 May by Economic Secretary Ed Balls and Education Minister Lord Adonis and supported by Health Minister Ivan Lewis as they published the report *Aiming High for Disabled Children: Better Support for Families*, part of the wider Policy Review of Children and Young People. Recognising the critical role that public services can play in promoting the chances of disabled children, the Review commits the Government to boosting the provision of vital services and giving parents of disabled children a real choice in how they are delivered, underpinned by at least £340 million of investment. Further investment may be considered as part of DH's Comprehensive Spending Review from HM Treasury later this year.

The Review sets out clear action across health, social services and education, to provide a better coordinated approach to service provision, and enhance equality and opportunity for disabled children and their families. It focuses on three priority areas: access and empowerment, response services and timely support, and improving quality and capacity of services.

The Review announced:

- £280m over the next three years to fund short breaks for disabled children, enabling them to experience new things and for their parents to have a break. This works out as an extra 40,000 fortnightly short breaks for severely disabled children and their families. In addition, subject to the outcome of the CSR, the Department of Health will provide additional resources for short-breaks for children with complex health care needs.
- £35m to fund a pilot project to provide accessible childcare, promote training, and tackle other barriers to accessing childcare. Accessible childcare is vital to help parents, and to improve disabled children's social, behavioural and educational development.
- £19m for a Transition Support Programme to promote intensive, wrap around support, and consolidate person-centred planning at the critical transition to adulthood, a key point in the lives of disabled young people.
- £5m to allow parents of disabled children to get involved in shaping services at a local level, including through parents forums to ensure that disabled children and their families are supported and empowered.

- Piloting of individual budgets to give disabled children, young people and their families choice and control to design flexible packages of services, including health services, which respond to their needs.
- Radical reform in the coordination and provision of community equipment and wheelchairs to maximise disabled children's mobility, allowing them to access schools, leisure facilities and other services more easily (e.g. making access to equipment faster and providing more choice) through the DH Equipment and Wheelchair Review. In addition, subject to the outcome of the CSR, the Department of Health will provide additional resources to increase the stock of wheelchairs and improve the provision of community equipment.
- To make disabled children a priority at a local and national level, the Government will develop a national indicator as part of the PSA set, underpinned by a "core offer" to help disabled young people and their parents understand what support they can get and how to access it across local services.
- To prevent interventions coming too late at important stages of a disabled child's life or development, the Government will provide specific resource for evaluation and benchmarking good practice on early intervention for disabled children and their families as part of the work of the new Centre for Excellence for Children and Family Services.
- To develop a clearer picture of the disabled children population at a local level, so that their needs are planned for, local authorities and PCTs will improve their data collection for this group, and national and local agencies will work together to develop more coordinated data sets.
- The government will continue to roll out the Early Support Programme for all disabled children aged 0-5 to promote wrap-around timely provision for disabled children and their families.
- The government will commission the Children's Workforce Development Council to research the skills and behaviours required by the workforce and identify gaps.

 <http://www.everychildmatters.gov.uk/planningandcommissioning/jointfunding>

Better outcomes for children's services through joint funding: a best practice guide (DfES & DH)

Published on the 24 May, this guidance has been written in conjunction with a wide range of experts and practitioners and explains the key steps towards creating robust joint funding arrangements. It contains:

- illustrations of the benefits of joint funding;
- examples and case studies;
- options available and preparation tips;
- key elements of a robust joint funding agreement;
- financial tips in running pooled budgets.

Professional Bookshelf

 Shaw KL, Southwood TR, McDonagh JE. Young People's satisfaction of transitional care in adolescent rheumatology in the UK. *Child: Care, Health & Development* 2007;33:368-379

 Shaw KL, Southwood TR, McDonagh JE. Development and preliminary validation of the "Mind the Gap" scale to assess satisfaction with transitional health care among adolescents with juvenile idiopathic arthritis. *Child: Care, Health & Development* 2007;33:380-388

 Wallis C. Transition of care in children with chronic disease. *Br Med J* 2007;334:1231-1232

 Wilkes E. A Patient's Journey. Cystic fibrosis. *Br Med J* 2007;334:1270-1271

Forthcoming Dates and meetings for your Diary!

Sex and Relationships Education for Young People with Physical Impairments

12 & 13 July 2007 and 17 & 18 March 2008

fpa, London

NCB have come together with fpa and Contact a Family to deliver a two day training course that will enable practitioners and advisors who work with young people with physical impairments, to develop practical and sensitive approaches to meeting their needs in relation to Sex and Relationships Education (SRE).

For more information and to book your place please see the attached booking form and return to NCB Training, 8 Wakley Street, London EC1V 7QE, call 020 7843 16084/1906, email training@ncb.org.uk (enquiries only) or visit <http://www.ncb.org.uk/training>

Forthcoming Courses re: Parenting of teenagers from the Trust for the Study of Adolescence (www.tsa.uk.com)

Challenging Years!

25th July 2007 (Manchester)

This one-day course is aimed at practitioners working with parents who already have some experience of facilitation and group work. It is designed to familiarise participants with the Challenging Years! course manual (www.tsa.uk.com) and to reflect on how to run the course effectively with parents.

Fees (includes a copy of Challenging Years! worth £69):

Statutory Independent and large voluntary organisations: **£185**

Individuals and small voluntary organisations: **£155**

ESCAPE & Parallel Lines

17th & 18th July 2007 (London)

E.S.C.A.P.E. is a TSA training pack for working with parents of young adolescents. The training pack provides a framework to support parents in establishing a positive relationship with their teenagers. The pack also includes Parallel Lines, a programme for working with young people in parallel with the support for parents.

Fees (includes a copy of ESCAPE worth £118):

Statutory Independent and large voluntary organisations: £295

Individuals and small voluntary organisations: £255

Learning from the Edge: engaging and motivating young adults conference

13 September 2007

London

Research undertaken by the Young Adults Learning Partnership (a joint initiative between **NIACE** and the **National Youth Agency**) and others has highlighted many of examples of excellent practice, across both the formal and the youth and community learning sectors, in engaging marginalised young adults. This conference will explore such approaches and examine the innovation and key success factors that contribute to effective engagement and outcomes for learners.

For further details and to reserve a place, visit www.niace.org.uk/conferences/Conferences.htm or phone Gurjit Kaur on 0116 204 2833.

12-14th September 2007

International Association of Adolescent health European Meeting

St Petersburg, Russia!

"Adolescent Friendly Health Services"

12 & 13th November 2007

4th Teenage Health Conference

Academic Centre, The James Cook University Hospital, Marton Rd, Middlesbrough
£150 for 1 day, £225 for 2 days.

For an application form or for further information please contact:
Joan Flannigan Tel: 01642 282825 email: joan.flannigan@stees.nhs.uk
www.conferencessouthtees.co.uk

27th November 2007 Adolescent Medicine Symposium

Royal Society of Medicine (West Midlands),
University of Birmingham

including the Leonard Parsons Lecture given by Professor Pierre-Andre Michaud, Professor of Adolescent Medicine, Lausanne and Coordinator of the EuTEACH initiative.

Further details to follow.

Contact: Dr Janet McDonagh j.e.mcdonagh@bham.ac.uk for further information

2007 Brook Training courses

Venue: Kings fund, London

Cost £150

For further information

training@brookcentres.org.uk

Sex, young people, confidentiality and the law

Sept 20, 2007

Venue: Kings fund, London

How to deliver young people-friendly sexual health services

Oct 19, 2007

An introduction to the principles of promoting sexual health and positive relationships to “hard to reach” and at-risk young people

November 22, 2007

Supporting young people to negotiate safer sex

Dec 13, 2007

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to: j.e.mcdonagh@bham.ac.uk