

Adolescent Resource Newsletter

March 2007

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

Editor: Dr Janet E McDonagh, Clinical Senior Lecturer in Paediatric and Adolescent Rheumatology

Enquiries to: Mrs Barbara Moore
Academic Secretary to Dr Janet E McDonagh

Institute of Child Health, Birmingham Children's Hospital NHS Trust
Steelhouse Lane, Birmingham B4 6NH. Tel: 0121 333 8730 Email: b.g.moore@bham.ac.uk

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents with chronic illness and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Young People Wanted!

FOR YOUNG PEOPLE

YouthHealthTalk: Being Young and Living with EPILEPSY

www.youthhealthtalk.org (YHT) is the new youth section of the DIPEX website. YHT has hundreds of audio and video clips from interviews with young people who discuss what it is like to live with an illness or to have health problems. YHT provides a unique insight into young people's lives. The website attracts 1.3 million hits a month and has won several awards including the young people's sexual health site being highly commended in the 2005 BMA book awards. YHT is widely used by the public and in training health professionals.

The DIPEX Research Group is based at the University of Oxford. It has just started a Department of Health funded project on young people with epilepsy and would like to ask your help in identifying young people between the ages of 16 to 25 who may want to take part in this project.

The project has Multi-Centre Research Ethics Committee (MREC) approval. We will be collecting between 30 and 40 interviews across the UK and will visit young people at home or wherever they prefer. Interviews will be video or audio taped with their consent.

If you would be interested in helping us to recruit young people for this project, please ring Ulla Raisanen on 01865 289324 or email her at ulla.raisanen@dphpc.ox.ac.uk. It would be great if you could help!

What should equality for disabled people look like in 2025?

<http://www.officefordisability.gov.uk/consultations>

The Office for Disability Issues has launched a consultation to hear what disabled people think equality for disabled people should look like in 2025 and what they think are the most important areas of their lives that they should focus on when measuring progress.

"It is only by hearing what you have to say that we can be sure that we are measuring and improving the things that disabled people say are important. We hope that you can take some time to let us know what you think."

The consultation runs from 14 February until 9 May 2007. They want to hear from as many disabled people as possible, as well as from people whose lives are affected by disability or long-standing illness. This includes children, young people and adults of all ages and all backgrounds, as well as parents and carers of disabled people.

The consultation paper is available in a range of formats. These can be obtained from their website at <http://www.officefordisability.gov.uk/consultations> or by request.

They are also holding events in Cardiff on 19 March, Edinburgh on 27 March, London on 30 March and Manchester on 4 April. A report summarising responses will be published in Summer 2007.

Contact: Tel 020 7712 2548, Text 020 7712 2332, Email disability.progress@dpw.gsi.gov.uk.

Get involved in the strategic planning of the British Youth Council!

The BYC are undergoing a strategic review to develop a new strategic plan for the next three years and want to involve young people and their member organisations via an online survey. They are also aiming to find out how they can better involve other young people and organisations who are not familiar with BYC.

The strategic review will be running until **16th March 2007**, with the new strategic plan due out early in the spring. For more information go to: www.byc.org.uk

Young people wanted in the planning of YoungMinds new website.

In addition to focus groups with children and young people, and asking their young panel what they think, YoungMinds (www.youngminds.org.uk) are asking young people to look at an online survey to ensure they get it right from the start!

The link is below:

<http://www.surveymonkey.com/s.asp?u=987522936085>

G8: UNICEF SELECTION OF CHILDREN FOR JUNIOR 8 2007

Every year, the "Group of Eight Nations" (G8) – including the United Kingdom, the United States of America, Germany, France, Italy, Japan, Canada and Russia – meets to discuss key global issues and decide on common goals. UNICEF decided in 2005 to hold the first ever Children's Forum alongside the G8 meeting to give young people a chance to debate the issues being discussed by the G8 and come up with recommendations for the G8 leaders. As part of preparations for the upcoming Junior 8 summit in Germany in June 2007, UNICEF committees in G8 countries are working with Morgan Stanley International Foundation and Partners to support the Junior 8 competition which will see a team of 8 young people from each G8 country meet in Germany to discuss issues.

The competition will run from 15th January through 31st March. Teams work together to come up with their own ideas on how to tackle the key issues being discussed by the G8. They submit these ideas online through the J8 website.

If young people wish to participate, they should visit the Junior8 website. www.j8summit.com
Competition deadline: **29th March 2007**

Awards for Young People!

£££ HELP Yourselves Award Schemes created by Save the Children and British Gas

These awards are designed to encourage the involvement of young people in dynamic and lasting community projects. Over 100 awards of up to £1,000 and a small number of grants worth up to £3,000 are available. The closing date is 23 March 2007.

For more information: <http://www.helpyourselves.org.uk/index.jsp>

Adolescent Webwatch

 www.wontgetweird.com

Example from Canada of a network of sexual health care providers who guarantee confidential, nonjudgmental information and services.

 http://news.bbc.co.uk/cbbcnews/hi/specials/2006/the_wrong_trainers/default.stm

Animated video clips narrated by children and young people on the theme of child poverty

Professional Webwatch

Funding

 www.connectyouthinternational.com.

Youth in Action is the new EU Programme to support European cooperation for young people.

The key aims of the programme are to:

- Promote active citizenship among young people in general and European citizenship in particular;
- Develop solidarity and to promote tolerance among young people;
- Foster mutual understanding;
- Develop the quality of support systems for youth activities; and
- To promote European cooperation in the field of youth.

Funding is available both through the Education, Audio-Visual and Cultural Executive Agency and within the UK, Connect Youth International, which is part of the British Council. Within the programme funding is available for youth exchanges, volunteering in other European countries, projects managed by and involving young people to improve local communities and actions that enable those working with young people to develop projects that meet the objectives of the Youth in Action Programme. The total budget for the programme is 885 million euros. Deadline 1 April 2007

For more information, go to www.connectyouthinternational.com.

Participation

 www.nya.org.uk

News from National Youth Agency

In the Know

- The NYA's new e-bulletin for young people highlights key policies and issues that affect young people.

Hear By Right: standards for the active involvement of children and young people

<http://www.nya.org.uk/hearbyright/viewindicator.asp?cid=1710%20>

Want to see how Hear by Right works in action? Watch the DVD showing how Nottingham Children and Young People's Strategic Partnership went about involving children and young people.

Involving children and Young people – where to find out more

The NYA has produced an updated version of its resource list, *Involving children and Young people – where to find out more* intended to help those with responsibility for promoting children and young people's involvement to identify the resources that can best help them do so. It focuses upon practical resources rather than theoretical debates about participation.

Training Resources

 <http://www.gp-training.net/doctors/ref/other.htm>

Easy access to BMJ Adolescence series (2005)

Transition

 http://www.icn.csip.org.uk/nl/?ln=28_2_1

Children's Transitions Services – Integrated Care Network , Care Services Improvement Partnership
Briefing Note on transitional care published Feb 2007

 <http://www.dh.gov.uk/assetRoot/04/14/29/47/04142947.pdf>

Making it better: For children and young people

Clinical case for change report by Sheila Shribman, National Clinical Director for Children, Young People and Maternity Services (6 February 2007)


Professional Bookshelf


 http://unicef-irc.org/publications/pdf/rc7_eng.pdf

The UNICEF report published last month

“Child Poverty in perspective: an overview of child well-being in rich countries”

 English A, Ford CA. More evidence supports the need to protect confidentiality in adolescent health care. *J Adol Health* 2007;40:199-200

 Lehrer JA, Pantell R, Tebb K, Shafer MA. Forgone health care among US adolescents: associations between risk characteristics and confidentiality concern.

 Waite E, Laraque D. Pediatric organ transplant patients and longterm care: a review. *Mt Sinai J Med* 2006;73(8):1148-55

 Willoughby LM, Fukami S, Bunnapradist S et al. Health insurance considerations for adolescent transplant recipients as they transition to adulthood. *Pediatr Transplant* 2007;11(2):127-31.

Forthcoming Dates and meetings for your Diary!

12 March 2007

National Transition Conference “From Talk to Action”

Organised by CSIP and sponsored by the Department of Health

Free! Royal College of Physicians, London

0930 to 1630

Places are limited so please register by 16th February

Via Louise Appleby email: info@camhs.biz or fax: 0116 232 2057

15 March 2007

“Bridging the Gap – delivering the needs of adolescents with cystic fibrosis”

Organiser: Dr Tom Hilliard

Venue Bristol Zoological Gardens

<http://www.ubht.nhs.uk/paediatricrespiratory/>

28-31 March Society of Adolescent Medicine

“Advancing the health and well-being of adolescents” Denver Colorado

www.adolescenthealth.org

2007 Series of Adolescent Health Study Days

25th April: Adolescent Health – A Practical Guide

includes Definitions and Epidemiology; Bio-psychological development; Adolescent Health Service Provision
Communication skills. Speakers to include Russell Viner, Aidan MacFarlane, Janet McDonagh

9th May : The Teenage Brain

Mental Health in adolescence; Education, vocation and young people; Peer Support. Speakers to include Rebecca
Hodgetts, Ray McMorrow, Janine Hackett

23rd May: Adolescent Risk and Resilience

Substance use and misuse; Sexual and reproductive health; Health Promotion. Speakers to include Ann McPherson, Dr
Sangeeta Ambegaokar (HIAH), Brook, Prof Ilana Crome, Dr Penny Goold, Rebecca Hodgetts

Day 4: Young People First - Chronic illness and Adolescence

Impact of chronic illness on adolescence; Confidentiality, consent, rights and personal advocacy; Adherence and
Transition. Speakers to include Janet McDonagh, Marcelle de Sousa

Organiser: Dr Janet McDonagh

Venue: Birmingham Children's Hospital

£165 per day for Drs, £95 for nurses and allied health professionals

Contact: d.reay@bham.ac.uk to register and/or further information

27th November 2007 Adolescent Medicine Symposium

Royal society of Medicine (West Midlands),

University of Birmingham

including the Leonard Parsons Lecture given by Professor Pierre-Andre Michaud, Professor of
Adolescent Medicine, Lausanne and Coordinator of the EuTEACH initiative.

Further details to follow

2007 Brook Training courses

Venue: Kings fund, London

Cost £150

For further information

training@brookcentres.org.uk

Sex, young people, confidentiality and the law

Sept 20, 2007

Venue: Kings fund, London

How to deliver young people-friendly sexual health services

March 15 and Oct 19, 2007

An introduction to the principles of promoting sexual health and positive relationships to “hard to reach” and at-risk young people

April 19, November 22, 2007

Supporting young people to negotiate safer sex

May 18 and Dec 13, 2007

Training for reception staff

April 19, 2007

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to: j.e.mcdonagh@bham.ac.uk